

April 2027

Training Calendar

Weekly Goals

Ride All 3 with us

Ride what you can with us and make up the other rides on your own.

Route maps will be provided.

Couch to 50 Miles

3701 W Spring Creek Parkway
Plano, TX 75023
Park in the NORTH lot by Spring Creek

E-mail: Mike@FunBikin.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13 3 Miles	14	15 4 Miles	16	17 6 Miles
18	19	20 6 Miles	21	22 7 Miles	23	24 9 Miles
25	26	27 9 Miles	28	29 10 Miles	30	



May 2027

Training Calendar

Weekly Goals

Ride All 3 with us

Ride what you can with us and make up the oth-er rides on your own.

Route maps will be provided.

Couch to 50 Miles

3701 W Spring Creek Parkway
Plano, TX 75023
Park in the NORTH lot by Spring Creek

E-mail: Mike@FunBikin.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 12 Miles
2	3	4 12 Miles	5	6 13 Miles	7	8 15 Miles
9	10	11 15 Miles	12	13 16 Miles	14	15 18 Miles
16	17	18 18 Miles	19	20 19 Miles	21	22 21 Miles
23	24	25 20 Miles	26	27 20 Miles	28	29 24 Miles



June 2027

Training Calendar

Weekly Goals

Ride All 3 with us

Ride what you can with us and make up the other rides on your own.

Route maps will be provided.

Couch to 50 Miles

3701 W Spring Creek Parkway
Plano, TX 75023
Park in the NORTH lot by Spring Creek

Mike@FunBikin.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 20 Miles	2	3 20 Miles	4	5 27 Miles
6	7	8 20 Miles	9	10 20 Miles	11	12 30 Miles
13	14	15 20 Miles	16	17 20 Miles	18	19 33 Miles
20	21	22 20 Miles	23	24 20 Miles	25	26 36 Miles
27	28	29 20 Miles	30			



July 2027

Training Calendar

Weekly Goals

Ride All 3 with us

Ride what you can with us and make up the oth-er rides on your own.

Route maps will be provided.

Couch to 50 Miles

3701 Spring Creek Parkway
Plano, TX 75023
Park in the NORTH lot by Spring Creek

E-mail: Mike@FunBikin.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 20 Miles	2	3 36 Miles
4	5	6 20 Miles	7	8 20 Miles	9	10 39 Miles
11	12	13 20 Miles	14	15 20 Miles	16	17 42 Miles
18	19	20 20 Miles	21	22 20 Miles	23	24 45 Miles
25	26	27 20 Miles	28	29 20 Miles	30	31 45 Miles

August 2027

Training Calendar

Weekly Goals

Ride All 3 with us

Ride what you can with us and make up the oth-er rides on your own.

Route maps will be provided.

Couch to 50 Miles

3701 Spring Creek Parkway
Plano, TX 75023
Park in the NORTH lot by Spring Creek

E-mail: Mike@FunBikin.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 20 Miles	4	5 20 Miles	6	7 48 Miles
8	9	10 20 Miles	11	12 20 Miles	13	14 48 Miles
15	16	17 20 Miles	18	19 20 Miles	20	21 50 Miles
22	23	24	25	26	27	28